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# THE AMERICAN JOURNAL OF NURSING

Vol. XXIII

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No. 1

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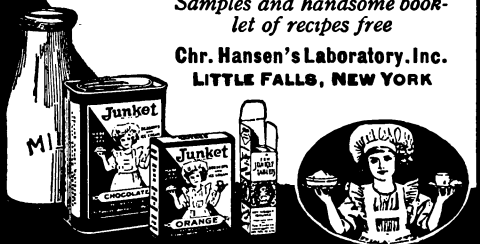
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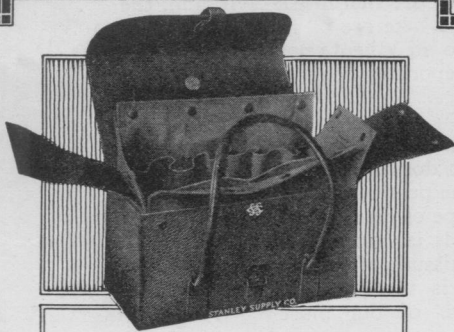
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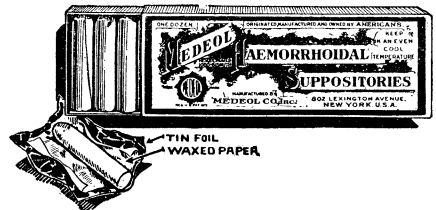
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## 144 CONGESTIVE DYSMENORRHEA.

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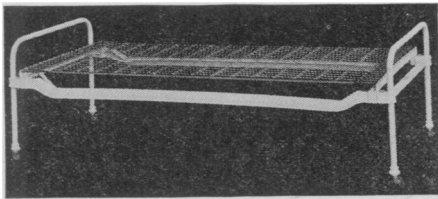
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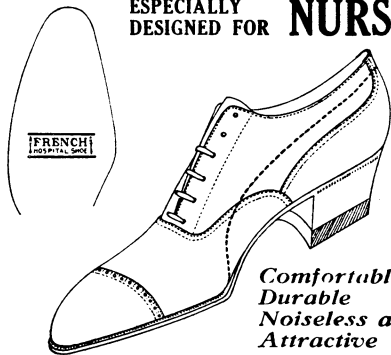
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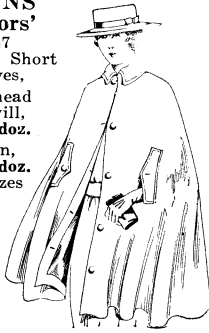
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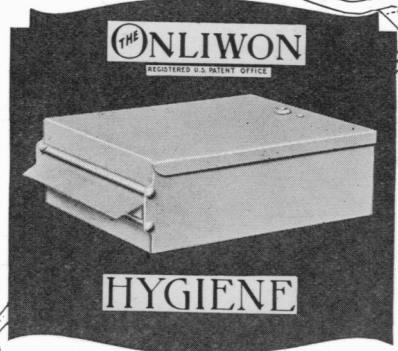
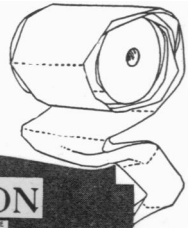
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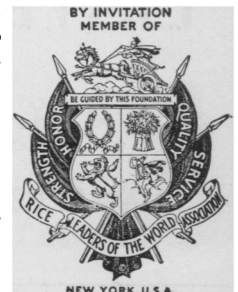
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In most cases it may truthfully be said that the first cost of a Sedgwick Invalid Elevator is the only cost.

## Sedgwick Invalid Elevators

*Built in rigid accord with the theory that the best is none too good, and is not only cheapest in the end, but the most satisfactory always. During 30 years SEDGWICK has stood for superiority of design, material and workmanship in Hand Power Dumbwaiters and Elevators. Your patient will appreciate the considerate spirit that prompts you to tell him about Sedgwick Invalid Elevators.*

## Sedgwick Machine Works

138 West 15th St., New York, N. Y.



## One of Baby's Best Friends

THE causes of infant chafing are many and the results are always annoying—to the infant and those who are caring for it. You can't blame the little ones for getting fretful and restless when their tender skin is irritated.

"Vaseline" Oxide of Zinc Ointment is recommended highly by the medical profession for chafing. It is a pure, simple remedy—not only soothing but healing as well.

Always have a tube or jar of it in your kit or cabinet and advise the use of it in the homes you visit. Your druggist carries it.

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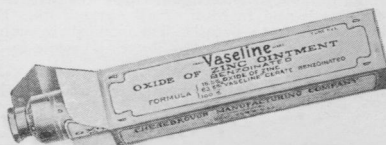
State Street

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# Vaseline

Reg. U.S. Pat. Off.

OXIDE OF ZINC  
OINTMENT



# ANUSOL

TRADE-MARK

## HEMORRHOIDAL SUPPOSITORIES



### **P**hysicians tell us

That surprisingly few Mothers pass through pregnancy, confinement and convalescence, without suffering from Hemorrhoids, or lesser rectal troubles likely to develop into Hemorrhoids.

With proper treatment, at the right time, few of these cases need ever reach the stage of *necessary* operation. ANUSOL SUPPOSITORIES, prescribed by physicians of all nations, for nearly a quarter of a century, score some of their best results in the Hemorrhoids of that period.

Besides, they reduce the need of internal medication to relieve constipation.

Which means better, and more digestible Mother's milk for the Infant, and a quicker return to *normalcy* for the Mother.

*An ample trial quantity mailed  
free to Nurses on request*

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**150-152 Maiden Lane  
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Owned, edited and managed entirely by nurses. The official organ of the American Nurses' Association, The National League of Nursing Education, The International Council of Nurses, and forty-three State and Territorial Associations.

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## *The Nurse's Comfort*

—next to that of the patient—is always to be kept in mind and should be provided for. Take alcoholic massage for instance. Some (most) “rubbing alcohols” have a repelling odor, equally distasteful to the patient and the nurse. Not so with “Alkolave.”

It has the clean, pleasing odor of grain alcohol; it is **grain alcohol** specially denatured. Salutary externally—poisonous internally. In 4-oz. and pints only; at most good drug stores. Particular physicians prescribe it. All nurses prefer it.

“**ALKOLAVE**”

**SHARP & DOHME**

# BAND-AID Saves Time

## when bandaging cuts

BAND-AID—a strip of “Z O” Adhesive Plaster with a gauze pad in the center—is very useful for bandaging small cuts and wounds.

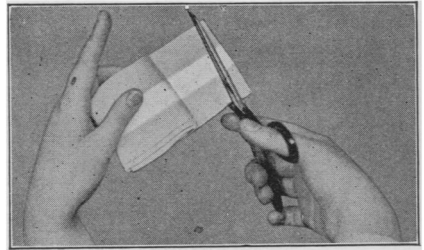
Nurses in charge of First Aid work in factories find BAND-AID a time saver and convenience.

Many nurses on private cases in the home have introduced BAND-AID. They always find the family interested in this aseptic adhesive bandage, which is so easy to apply to any small cut.

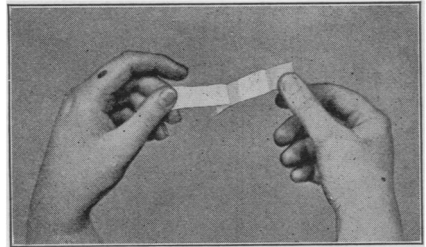
BAND-AID is put up in a 3-inch width strip, 18 inches long.

You can get it from your druggist.

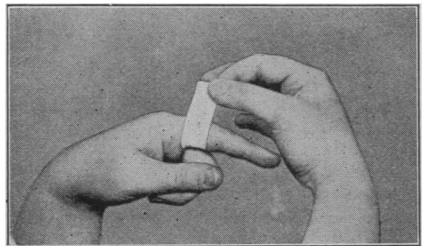
### Easily applied



### Cut off piece you need



### Remove protective covering



### Apply to the wound

*Johnson & Johnson*  
NEW BRUNSWICK, N.J., U.S.A.

SAMPLE SENT UPON  
REQUEST

## ADVANCED-SPECIALTIES-for SICKROOM-and-HOSPITAL

### Make Your Patients Comfortable by recommending these Improved Invalid Cushions



Pat. Nos. 34982 and 775841

#### "Solid Comfort" Invalid Cushions Made in Three Sizes in our Special Maroon Rubber.

The regular round Cushion does not allow ventilation, the air in the opening becomes hot and causes the parts resting on it to perspire. Not so with the "Solid Comfort" as the small ends allow free circulation of air. In addition the shape conforms better to the different parts of the body.

Small Size, 13 inches in Diameter	.	.	.	.	\$4.50
Medium Size, 15 " " "	.	.	.	.	5.00
Large Size, 17 " " "	.	.	.	.	5.50

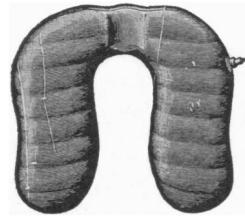
#### Horseshoe Air Cushions

Made in Two Sizes in our Special Maroon Rubber.

The "Horseshoe" is the only practical Cushion for rectal or spinal troubles. Each side is provided with stays so that when inflated the top surface of the cushion is flat. While intended primarily as a Seat Cushion, it can also be used to advantage as a Bed Cushion. This cushion is also used in incontinence cases.

Small Size for Children, 14 inches	.	.	.	.	\$7.00
Large Size for Adults, 16 inches	.	.	.	.	7.50

A Washable Flannel Cover is Furnished with each Horseshoe Cushion



Pat. Nos. 33543 and 33613



Pat. Jan. 6, 1914

#### Invalid Water Cushion For Preventing and Relieving Bed Sores Made in One Size Only (11 x 8 Inches) in our Special Maroon Rubber

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Price . . . \$3.00

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A Small Size Cushion for Under the Elbows, End of Spine,  
the Heels and Between the Knees.

Made in our Special Maroon Rubber

This little cushion is 5½ inches complete diameter, and the hole itself only 1½ inches in diameter.

Price . . . \$1.75



All the Cushions described on this page are in use in a great number of the most prominent Hospitals in the United States.

They will be found particularly useful in chronic cases; tuberculosis, or other wasting diseases where the bony parts become prominent and require protection.

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